



Feeding Families provides 'Emergency Food Boxes' to those who are experiencing food poverty .

Each box contains food that will support 2 people for 3 days.

We need your help with food donations. Thank you!

## Food collection check list

We kindly ask for only the items on this list

- |   |  |
|---|--|
| <input type="checkbox"/> Part baked bread | <input type="checkbox"/> Biscuits        |
| <input type="checkbox"/> UHT milk         | <input type="checkbox"/> Tinned Potatoes |
| <input type="checkbox"/> Cooking sauce    | <input type="checkbox"/> Tinned Veg x 2  |
| <input type="checkbox"/> Tea /Coffee      | (carrots/peas/sweetcorn)                 |
| <input type="checkbox"/> Baked beans      | <input type="checkbox"/> Tinned tomatoes |
| <input type="checkbox"/> Cereal           | <input type="checkbox"/> Tinned fruit    |
| <input type="checkbox"/> Pasta            | <input type="checkbox"/> Tinned tuna     |
| <input type="checkbox"/> Rice             | <input type="checkbox"/> Tinned meat     |
| <input type="checkbox"/> Soup             | <input type="checkbox"/> Sandwich paste  |
| <input type="checkbox"/> Soap             |  |

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